

**Tomball Healthcare for Pediatrics**

**Common Over The Counter Medication Dosing Chart**

**Disclaimer: These guidelines are not intended as a substitute for professional medical advice, diagnosis or treatment. If you are concerned about your child's health you should always see a physician in person.**

**NEVER TREAT FEVER IN AN INFANT LESS THAN THREE MONTHS OF AGE WITHOUT FIRST SPEAKING WITH YOUR PHYSICIAN.**

**ACETAMINOPHEN – Brand name: Tylenol**

**\*DO NOT TAKE ACETAMINOPHEN MORE THAN 5 TIMES IN 24 HOURS**

**\*\*\*Concentrated infant drops (80mg/0.8ml) are no longer offered**

		<b>Infants Acetaminophen UNCONCENTRATED drops</b>	<b>Children's Acetaminophen Suspension Liquid</b>	<b>Children's Acetaminophen Soft Chews Chewable Tablets</b>	<b>Junior Strength Acetaminophen Chewable Tablets</b>
<b>Weight</b>	<b>Age</b>	<b>160mg/5ml</b>	<b>160mg/5ml</b>	<b>80mg each</b>	<b>160mg each</b>
6-12 lbs	0-6 months	1.25ml*	---	---	---
12-17 lbs	6-11 months	2.5ml*	2.5ml*	1 tablet*	---
18-23 lbs	12-23 months	3.75ml*	3.75ml*	1.5 tablets*	---
24-35 lbs	2-3 yrs	5ml*	5ml*	2 tablets*	1 tablet*
36-47 lbs	4-5 yrs	7.5ml*	7.5ml*	3 tablets*	1.5 tablets*
48-59 lbs	6-8 yrs	---	10ml*	4 tablets*	2 tablets*
60-71 lbs	9-10 yrs	---	12.5ml*	5 tablets*	2.5 tablets*
72-95 lbs	11 yrs	---	15ml*	6 tablets*	3 tablets*

**IBUPROFEN – Brand name: Motrin or Advil**

**\*\*DO NOT TAKE IBUPROFEN MORE THAN 4 TIMES IN 24 HOURS**

		<b>Infants Ibuprofen Concentrated Drops (brand name: Motrin or Advil)</b>	<b>Children's Ibuprofen Suspension (brand name: Motrin or Advil)</b>	<b>Children's Ibuprofen Chewable Tablets</b>	<b>Junior Strength Ibuprofen Chewable Tablets</b>	<b>Junior Strength Ibuprofen Caplets</b>
<b>Weight</b>	<b>Age</b>	<b>50mg/1.25ml</b>	<b>100mg/5ml</b>	<b>50mg each</b>	<b>100mg each</b>	<b>100mg each</b>
Under 6 months		Not recommended for children under 6 months				
12-17 lbs	6-11 months	1.25ml**	2.5ml**	1 tablet**	---	---
18-23 lbs	12-23 months	1.875ml**	3.75ml**	1.5 tablets**	---	---
24-35 lbs	2-3 yrs	2.5ml**	5ml**	2 tablets**	1 tablet**	1 caplet**
36-47 lbs	4-5 yrs	3.75ml**	7.5ml**	3 tablets**	1.5 tablets**	1.5 caplets**
48-59 lbs	6-8 yrs	---	10ml**	4 tablets**	2 tablets**	2 caplets**
60-71 lbs	9-10 yrs	---	12.5ml**	5 tablets**	2.5 tablets**	2.5 caplets**
72-95 lbs	11 yrs	---	15ml**	6 tablets**	3 tablets**	3 caplets**
Over 96 lbs	Over 12 yrs	---	---	---	4 caplets**	4 caplets**

### Allergy Medication Dosing Charts

<b>Children's Nasacort (Triamcinolone) or Flonase (Fluticasone) Dosing</b>	
Age	
Under 2 yrs	Do not use
2-6 yrs	Once daily, spray 1 time into each nostril while sniffing gently
7-12 yrs	Once daily, spray 1 time into each nostril while sniffing gently. Increase to 2 sprays in each nostril per day if allergy symptoms do not improve. Reduce to 1 spray each nostril per day once symptoms improve.
12 yrs and older	Once daily, spray 2 times into each nostril while sniffing gently. Reduce to 1 spray in each nostril per day once symptoms improve.

<b>Children's Loratadine/Cetirizine (Claritin/Zyrtec) Dosing</b>	
Age	
1-2 yrs	2.5ml daily, do not take more than 5ml in 24 hours
2-6 yrs	2.5 – 5ml daily, do not take more than 5ml in 24 hours
6 yrs and older	5 – 10ml daily, do not take more than 10ml in 24 hours

<b>Children Fexofenadine (Allegra) Dosing (30mg per 5ml)</b>	
Age	
6 months-2 yrs	2.5ml twice daily, do not take more than 5ml in 24 hours
3-11 yrs	5ml twice daily, do not take more than 10ml in 24 hours
12 yrs and older	10ml twice daily, do not take more than 20ml in 24 hours

<b>Children's Diphenhydramine HCL (Benadryl) Allergy Dosing (1+ YEARS OLD)</b>			
Weight	Dose – Liquid (12.5mg/5ml)	Dose – Chewable (12.5mg)	Dose – Capsule (25mg)
20-24 lbs	3.75ml every 6 hours, no more than 15ml in 24 hours	N/A	N/A
25-37 lbs	5ml every 6 hours, no more than 20ml in 24 hours	1 tablet every 6 hours, no more than 4 tablets in 24 hours	N/A
38-49 lbs	7.5ml every 6 hours, no more than 30ml in 24 hours	1 ½ tablets every 6 hours, no more than 6 tablets in 24 hours	N/A
50-99 lbs	10ml every 6 hours, no more than 40ml in 24 hours	2 tablets every 6 hours, no more than 8 tablets in 24 hours	1 capsule every 6 hours, no more than 4 caps in 24 hours
100+ lbs	N/A	4 tablets every 6 hours, no more than 16 tablets in 24 hours	2 capsules every 6 hours, no more than 8 caps in 24 hours